

WESTERN CHRISTIAN HIGH SCHOOL

Lady Lancer Cheerleading Program

SAMPLE
ONLY

TRYOUT SCORE SHEET

CHEERLEADER TRYOUT # _____

Date: _____

CATEGORY**SCORE****APPEARANCE (5 pts.)**

Grooming/Neatness/Poise/Posture _____

CHEER TECHNIQUE (5 pts. each)

Execution (angles, strength, wrists) _____

Jumps/Kicks (height, timing, pointed toes) _____

Voice Projection (loud, strong, clear) _____

Sharpness _____

DANCE TECHNIQUE (5 pts. each)

Arm Placement/Hands _____

Timing & Rhythm (fluid movement) _____

SHOWMANSHIP (5 pts each)

Smile/Spirit/Enthusiasm _____

Confidence/Recoveries _____

Eye Contact/Facial Projection _____

TUMBLING (10 pts.)

Standing back handspring _____

Comments:

_____**RATING SCALE**

Poor - 1 Below Average - 2 Average - 3 Excellent - 4 Superior - 5

(A TOTAL OF 60 POINTS POSSIBLE)

JUDGE: _____

TOTAL SCORE: _____